

Ron Fontaine/U.S. Navy photo

LASTING TRIBUTE — Mrs. Annette Elseth, wife of Lt. Cmdr. Robert Elseth who died in the terrorist attack against the Pentagon Sept. 11, places a bouquet of flowers on the Naval War College (NWC) Patriots Memorial which was unveiled last Monday outside McCarty Little Hall. The monument bears the names of 10 NWC students and alumni. Story, Page 3.



# Reservists return home

About 100 naval reservists in region welcomed home after a sixmonth deployment to Souda Bay, Crete, Greece.

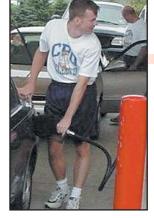
— Page 2



# Pool staffer on 'Survivor'

An NETC water survival instructor becomes a contestant on the TV reality series, Survivor: Thailand, which airs next week.

— Page 3



# 22 to wear CPO khakis

Twenty-two chiefselectees wind up their community service projects, instruction and tasks before pinning ceremonies tomorrow.

- Pages 8-9



HEARTY BRAVO ZULU — Rear Adm. Roger Nolan, Commander, Naval Reserve Readiness Command, Northeast, personally thanks naval reservists last week at Building W-36 after their return from six-months deployment to Crete, Greece.

## Reservists welcomed home

By ENS. JENNIFER BERG

NAVSTA Public Affairs Staff

Rear Adm. Roger Nolan, Commander, Naval Reserve Readiness Command, Northeast, led official welcome home ceremonies at Naval Station Newport's Building W-36 on Sept. 4 for almost 100 returning naval reservists.

After approximately 180 days deployed overseas to Souda Bay, Crete, Greece, Mobile Inshore Undersea Warfare Unit 202 (MIUWU-202) and Inshore Boat Unit 21 (IBU-21) returned home Aug. 30 at T.F. Green State Airport in Warwick on Aug. 30 to the embrace of friends and family members. They were given 96 hours liberty.

While in Souda Bay, MIUWU-202 and IBU-21 played an important role in the security of naval vessels and safety of U.S. Sailors coming in and out of the Marathi Naval Pier Complex.

"We provided seagoing force and anti-terrorism protection to prevent any more USS Cole (DDG 67) type incidents," said Senior Chief Boatswain's Mate Kevin O'Brien.

MIWU-202 stood watch from shore with electronic surveillance equipment, while IBU-21 patrolled the bay 24 hours a day. They were the eyes and ears of the Navy so the ships docked at the pier could assume some measure of security.

Activated Nov. 19 in response to the terrorist attacks of Sept. 11, most of these reservists will be going back to their civilian lives and jobs around Sept. 30.

Adm. Nolan thanked the reservists for their strength, endurance, commitment and faith. He reminded the group that 1.3 million reserve components make up half of the armed forces, and with their support for Operation Enduring Freedom the nation has been able to carry on as usual.

Afterward, he personally shook every reservist's hand.

MIUWU-202 and IBU-21 will relocate to Groton, Conn, where they will demobilize.



AS CROWD APPLAUDS. Yeoman First Class Dave Timmons gets a warm welcome home from his wife. Wendy, at T.F. Green State Airport on Aug. 30.



DANIELLE DeMello and her daughter, Lexi, greet Danielle's boyfriend, Chief Electronics Technician (Sel.) Choyce Larue.

# Facilities managers from region receive energy saving ideas

By RICHARD ALEXANDER

Navalog editor

About 35 naval activities energy management personnel from New England, the mid-Atlantic states and other parts of the country attended a regional session of the CECOS Facilities Energy Management course at Perry Hall, Naval Station Newport, this week.

CECOS stands for Civil Engineer Corps Officers School of Port Hueneme, Calif.

The five-day course was designed to provide facilities managers with fundamental energy management guidance, in a non-technical approach, that they can take back to their shore establishments. Capt. Ruth A. Cooper, Commanding Officer, Naval Station (NAVS-TA) Newport, welcomed the students last Monday.

For the energy managers it was a first step toward meeting the goals of the 1992 Energy Policy Act. Through a Presidential Executive Order, all federal agencies must reduce energy conservation by 30 percent by 2005, and 35 percent by 2010.

Gil Siqueido, director of the CECOS energy course, said speakers represented the Naval Facilities Engineering Command (NAVFAC), the Chief of Naval Operations (CNO) office, and others. Topics included water conservation, weather forecasting, performance contracting and other money-saving tips.

## **Traffic gate construction** to begin at Chases Lane

the installation of a gate to attached to the pillars. restrict commuter traffic dington Cove Navy Family Housing, the Resident Officer in Charge of Construction has announced.

Traffic is currently curtailed weekdays from 7 a.m. to 7 p.m. The area will be roped off with construction fencing this Forms will be weekend.

MIDDLETOWN — Con- poured for stone pillar footstruction will begin today on ings, and swinging wrought Read Street at Chases Lane for iron style gates will be

Traffic restrictions began through Anchorage and Cod- Aug. 7, after Navy housing residents complained about increasing traffic problems with commuters taking a shortcut through their neighborhoods to Coddington High-

The construction should be completed no later than Nov.



Capt. Ruth A. Cooper Commanding Officer, Naval Station Newport

Mary K. Silvia NAVSTA Public Affairs Officer

**Bob Krekorian** NAVSTA Public Affairs Staff

**Greg Kohlweiss** NAVSTA Public Affairs Staff

**Ron Fontaine** NAVSTA Public Affairs Staff

Joy Christmas NAVSTA Public Affairs Staff **Richard Alexander** NAVALOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.

The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Edward A. Sherman Publishing Co. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or

patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. if a violation or rejection of the equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is

The Newport Navalog is printed on recycled paper.



REFLECTION — Relatives and friends of students and alumni of the Naval War College, who were killed Sept. 11 at the Pentagon, listen to speakers at the unveiling of the Patriots Memorial outside McCarty Little Hall last Monday. From left are Ms. Nancy Elseth, Mrs. Annette Elseth, Mrs. Patty Obermaier and Mrs. Nancy Taylor.

# **Patriots Memorial remembers** 10 killed at Pentagon Sept. 11

By RICHARD ALEXANDER Navalog editor

Mrs. Nancy Taylor clutched a bouquet of flowers as she gazed at the memorial erected in memory of 10 Naval War College (NWC) students and alumni who died in the Sept. 11 terrorist attacks on the Pentagon.

One of the 10 was her husband, Army Maj. Kip Taylor.

"I think it's hardest for the families who have to go on without their loved ones," she said. "Some children are too young, and won't remember who their fathers were."

Maj. Taylor graduated from the College of Naval Command and Staff in 1999 and was a member of the Army Adjutant General Corps. On Sept. 11 he was serving as Military Assistant to the Deputy Chief of Staff for Personnel, Lt. Gen. five-foot section of Indiana the memorial. One bears Timothy Maude. The Taylors have a 21/2-year-old son, Dean.

Mrs. Taylor was among several families members invited to the unveiling of the NWC Patriots Memorial outside McCarty Little Hall last Monday. The memorial includes a



PHC (AW) Jon Hockersmith/U.S. Navy photo

REAR ADM. Rodney Rempt, second right, President of the Naval War College, watches the unveiling of the Patriots Memorial.

limestone recovered from the shattered west facade of the Pentagon. Around the base is an intricate pattern of handlaid bricks fashioned in the Cmdr. Dan Shanower. shape of the nation's military headquarters.

the second quotes Pentagon victim and NWC alumni. In 1997 he said, "The mili-

words from a speech by Presi-

dent Bush last September, and

tary loses personnel every

Two inscription walls flank MEMORIAL, Page 5

## 'Survivor' hopeful on Pool 307 staff

By JOY CHRISTMAS

NAVSTA Public Affairs Staff

It must be in the water.

The Ocean State is home to vet another competitor in the

popular TV reality series, Survivor.

Helen Glover, a 15year water survival instructor at the Naval Education and Training Center (NETC)



**Helen Glover** 

Training Pool 307, is the third Survivor contestant to hail from the smallest state in the nation, and the second from Middletown.

Richard Hatch collected the \$1 million first prize in the inaugural Survivor in August 2000. Elisabeth Filarski, a native of Cranston, R.I., competed in the Australia Survivor

## **NWDC** schedules command change

Rear Adm. Robert G. Sprigg will pass command of the Navy Warfare Development Command (NWDC) to Rear Adm. Ronald A. Route in a ceremony today at 2 p.m. on Colbert Plaza at the Naval War College

The event will also mark Rear Adm. Sprigg's retirement from the Navy after 33 years of series in 2001.

The new series, Survivor: Thailand, will debut on CBS Thursday, Sept. 19, at 8 p.m. It was filmed on the island of Koh Tarutao.

Glover, 47, and her husband, Jim, have three children — Katherine, 18; Matthew, 28; a captain in the Marine Corps. and a stepdaughter, Erin, 30.

Born in Honolulu, Glover is the daughter of a 30-year career Marine. She has been a lifeguard, caterer and waitress.

Although bound to secrecy by contest rules, Glover is selfdescribed on the CBS website as "assertive, competitive and quick-witted."

First prize again is \$1 mil-





Reservations 849-6334

# Get

Don't settle for national chain imitation "Neighborhood" restaurants.

Brick Alley...The Real Deal.

Free Validated Parking 1100-1800 Hrs.

140 Thames Street across from Brick Marketplace

# 5

# chosen for PCO, command at sea

YNC (Sel.) G. DOHERTY SWOS Public Affairs Officer

Three Surface Warfare Offi-School Command (SWOSCOLCOM) instructors, Cmdr. Matthew Beaver, Cmdr. Dale Fuller and Cmdr. Roy Kitchener, have recently been enrolled into the Prospective Commanding Officers (PCO) Course.

The course provides indepth and structured command at sea training to officers, whose rank runs from lieutenant to captain, chosen to command a naval vessel.

The instructors give briefs in the areas of basic seamanship, navigation, combat systems training, fire fighting, bridge resource management, family and personnel issues that may arise as commanding officer, and a variety of mentorship and guest speaker forums.

During the final week of the course, they ship out on a cruise to allow the PCOs to be part of a ship on a command associated with command.

"I am grateful and thrilled to have been chosen for command," said Cmdr. Beaver, PCO of the frigate USS Underwood. "I am happy with the Navy and gotten everything back that I have put into it."

Beaver, a native of Hagerstown, Md., graduated from before becoming a PCO. Florida Institute of Technology

in 1984 with a Bachelor of Science degree in ocean engineering.

He was commissioned through Officer Candidate School in March 1985. Prior to entering the PCO course he was an instructor in the Command Training Department at

Cmdr. Dale Fuller is PCO for the landing ship dock USS Pearl Harbor.

He said of his selection, "I was fortunate enough to have a portfolio that was diverse. I have served aboard seven afloat commands in my 13 year naval career."

Fuller graduated from the University of Minnesota in 1985 with a degree in foreign affairs and earned his commission through Officer Candidate School in Newport.

Fuller has recently served as Director, Combat Systems Department Head Training at SWOS before being assigned to the PCO course.

Cmdr. Roy Kitchener, PCO of level without the pressure destroyer USS John Paul Jones said PCO "...became my goal at the Department Head level."

> Cmdr. Kitchener graduated with a bachelor of arts degree in political science in 1984 and was commissioned through Officer Candidate School in March 1985. He, too, joined the SWOS instructor staff

## **NEX shoppers win jazz, folk tickets**

Navy Exchange shoppers Dick Evans and Bob Brown won the Eurpac and NEX-sponsored JVC Newport Jazz Festival ticket sweepstakes; and Margaret Craig and Kevin Henly won the Apple & Eve Newport Folk Festival sweepstakes in July, Jan Tanury, NEX visual merchandise manager, said.

Both concerts were held in August.

More NEX contests are planned in the future.

## Opera actress plays Cinderella

Valerie Nicolosi, daughter of Anthony Nicolosi, director of the Naval War College Museum, and Mrs. Nicolosi, will star as Cinderella in Opera Providence Sept. 20-22 at Veterans Memorial Auditorium in Providence.

# 3 SWOS instructors Division Officer Course will graduate Class 149

**By LT. GARY ROSS** 

SWOSDOC Public Affairs

Graduation ceremonies will be held today in Spruance Hall Auditorium at the Naval War College for 203 junior officers completing the Division Officer Course at the Surface Warfare Officers School Command (SWOSCOLCOM.)

Rear Adm. Thomas J. Wilson III, Deputy Director, Surface Warfare Division (N76B), OPNAV, and Oceanographer and Navigator of the Navy, will be the guest speaker.

Also in attendance will be Capt. Ronald W. Brinkley, Officer, Commanding SWOSCOLCOM; and Capt. David A. LaBarbera, Director, Division Officer Training Department.

After the Division Officer Course, these graduates will attend specialty training to prepare them for their assigned ships.

The graduating students are: Lt. j.g. George C. Adams, USS Thach

Ens. Kirkland M. Anderson, USS Winston S. Churchill (DDG 81)

Ens. Karri M. Axtell, USS John L. Hall Ens. Damon R. Bach, USS Taylor (FFG

Lt. j.g. Curtiss L. Bailey, USS Sentry

(MCM 3) Ens. Jack R. Bailey, USS Mustin (DDG

Ens. Katherine R. Balacki, USS Austin

(LPD 4) Ens. Patrick M. Ball, USS Cowpens (CG

Ens. Benjamin E. Baran, USS Preble (DDG 88)

Ens. Anna C. Barbour, USS Camden (AOE 2)

Ens. Sam J. Barris, USS Cowpens (CG

Ens. William C. Bearden, USS Sentry (MCM 3)

Ens. Torsten J. Becker, USS Ashland (LSD 48)

Ens. Alysha O. Beckwith, USS Saipan (LHA 2) Ens. Eric R. Beltz, USS John L. Hall

(FFG 32) Ens. Charles G. Birchfield, USS Elrod

(FFG 55) Ens. Bryan D. Blake, USS San Jacinto

(CG 56) Ens. Matthew R. Blanchette, USS Oscar

Ens. Stego W. Blue, USS Mustin (DDG Ens. Gabriela A. Bock, USS The Sulli-

vans (DDG 68) Ens. Angelique N. Bone, USS Cape St

Ens. Brett C. Boneau, USS Stump (DD 978)

Ens. Jared L. Boneno, USS Mobile Bay (CG 53) Ens. Kristin A. Borja, USS Harpers

Ens. Mark F. Boseman, USS Boone

Ens. Thomas R. Bowman, USS Lake Erie (CG 70)

Ens. Ubie S. Brantley, USS Vicksburg (CG 69)

Ens. Micah P. Brewer, PCU Chafee (DDG 90) Ens. Nicholas J. Buls, USS Curtis

Wilbur (DDG 54) Ens. Amanda F. Burrill, USS Dubuque

(LPD 8) Ens. Christopher R. Calcagno, USS

Mustin (DDG 89) Ens. Todd Carbajal, USS Ticonderoga

Ens. Robert P. Carr, USS Vicksburg (CG

Ens. Christopher W. Carter, USS Ford (FFG 54)

Ens. Barbara E. Castellanos, USS Barry (DDG 52)

Ens. Timothy M. Cestaro, USS Leyte Gulf (CG 55) Ens. Daniel J. Chilton, USS Chosin (CG

Ens. John W. Chuma, USS Cape St

George (CG 71) Ens. William B. Cleveland, USS

Ens. Mahdi A. Cocci, USS Tarawa (LHA 1) Ens. James B. Cole, USS Reuben James

(FFG 57) Ens. Christopher S. Collins, USS Philippine Sea (ĈG 58)

Ens. Candy H. Conklin, USS Fort McHenry (LSD 43)

Ens. Melissa M. Cox, USS Philippine Sea (CG 58)

Ens. Paul A. Craig, USS Ardent (MCM

Ens. Bunor L. Crawford, USS Vincennes (CG 49)

Ens. Leo M. Cruz, USS Ramage (DDG

Ens. Adoniram Dacunha, USS Lake

Ens. Kristin L. Dahlgren, USS Cowpens

Ens. Christopher W. Carter, USS Ford (FFG 54)

Ens. Barbara E. Castellanos, USS Barry

Ens. Christopher W. Carter, USS Ford

SWOSDOC, Page 13



Is your SAAB not running as smoothly as you know it should? Then call:



Bruce Beard Automotive, Inc. Specializing in Foreign Car Service 1180 West Main Road, Middletown, RI

847-7432

## **NEX and Platex sponsor** women's foundation fitting

The Navy Exchange (NEX), in partnership with Platex, will host a women's foundation fitting on Saturday, Sept. 14, 11 a.m. to 2 p.m.

No appointment is necessary, and the program is open to all authorized shoppers.

Representatives from the Naval Ambulatory Care Center will be on hand with literature on breast health awareness.

There also will be chance drawings, discounts and refreshments for all participants.

## Meetings/reunions

## **Retired Enlisted to meet**

The Retired Enlisted Association, Narragansett Bay Chapter, will meet, Saturday, Sept. 14 at 10 a.m. at the American Legion Hall, East Greenwich.

Meetings will alternate between East Greenwich on odd months and at the VFW Post, Middletown, on the even months. There will be no meeting in February.

For further information, contact President Mike Conroy at

## Memorial

## **Continued from Page 3**

they believed in, leaving behind friends, family, and and celebrate their devotion to free."

Mrs. Taylor said her husband across the room. would be proud of how quickly ed, and how the military got back to the business of defending the country and fighting terrorism.

"I would hope there are safety precautions in place now call to serve, and entered their that the Pentagon is rebuilt so this will never happen again, but you never really are certain," she said.

President to the NWC, introduced the program and spoke about the resolve of the United States

"We don't want to see anothwant to attend another ceremony," he said.

"Today we strengthen our cation due to the attack. resolve. Today we salute these 10 heroes — not for their member student body and deaths — but for their lives staff, and all they stood for: life, liberty and the pursuit of happiness."

He then led the audience in repeating, "Never forget, never forget, never forget."

Guest speaker, Cmdr. Karl Williams. Van Deusen, survived the attack and received the Navy-Marine Corps Commendation port Navy Choristers.

year; lives lost for something Medal for his heroism in assisting others from the damaged building. Van Deusen was on shipmates to bear the burden the fourth floor of the Pentagon when American Airlines our country. Freedom isn't Flight 77 crashed into the lower floors, knocking him

Van Deusen, a 1997 graduate the Pentagon was reconstruct- of the NWC and the prospective commanding officer of the USS Gonzalez, called all the victims "our eternal shipmates."

> "They answered the nation's service by reciting an oath of office," he said. "They died in service to their country.

"We are a country at war," he Rear Adm. Rodney Rempt, said. "We will win, then we will avenge their loss. Through victory we offer hope for a more peaceful world."

After the unveiling, honorary master's degrees were presenter memorial built. We don't ed to the families of the students in Washington who were unable to complete their edu-

Besides the entire 1,000invited dignitaries included Gov. Lincoln Almond of Rhode Island, Rep. James Langevin, D-R.I., Rep. Patrick Kennedy, D-R.I., Secretary of State Edward Inman III; and R.I. Chief Justice Frank

Music was provided by Navy Band Northeast and the New-

## **Festival of Trees seeks volunteers**

for the 25th annual Festival of conjunction with the month- Festival of Trees committee, Trees, an indoor display of long Christmas in Newport volunteer your time, or just decorated evergreens, will be celebration. held to December.

Preparations are underway Station Newport, is held in YMCA. Sign up to be on the

Meetings are held on the first The celebration, sponsored Thursday of each month, at 7 by military spouses at Naval p.m., at the Armed Services 0626 for information.

stop by to learn more about the festival.

Call DeAndrea Fuller at 683-

# "I won



# the battle over ATM fees with a

## USAA checking account."

No-Fee Checking. Take USAA's No-Fee Checking account with you, wherever you go. It makes banking easier, and saves you money. Your first 10 ATM withdrawals each month are free, and you get a rebate on fees other banks charge to use their ATMs - up to \$1.50 for each of the first 10 domestic ATM surcharges you incur every month. There's no monthly service charge or minimum balance requirement. You can even write an unlimited number of checks. Plus, by maintaining an average daily balance of \$1,000 or more, you'll earn interest on your account. Whether you're enlisted, an officer or officer candidate, on active duty or in the Reserves or National Guard, USAA Federal Savings Bank's No-Fee Checking is a win-win account.

## Call us at 1-888-279-2778

or visit us at usaa.com





USAA means United Services Automobile Association and its subsidiaries and affiliates

\*Banking services are provided by USAA Federal Savings Bank, FDIC-insured and an Equal Housing Lender There is no charge for the first 10 domestic ATM withdrawals per monthly statement cycle from non-USAA ATMs. Additional withdrawals are \$1,00 each.

©2002 USAA. All rights reserved.

## Classic cars at Ft. Adams

The Middletown Rhode Island Rotary Club will hold its first "Fort Adams in the Fall" Auto Festival on Saturday, Sept

14, from 10 a.m. to 3 p.m. More than 160 vehicles, representing over 35 classes of automobiles from classics to hot rods plus motorcycles are expected.

The event will be held on the outside front lawn of Fort Adams. Judges will present trophies to the top three finishers in each class.

There is no fee for p.m. More information this page. spectators, but donations are welcome.

Car entrants will have a \$10 registration fee. All proceed will go to the Middletown Rotary charitable events. Refreshments will be available. For more information contact David E. Melchar at 619-0964 or Patrick Burke at 847-6635.

## TODAY, Sept. 13

- Armed Services YMCA:
- Nantucket Basketweaving, 9 a.m. to noon.
- Newport Old Colony Railway train ride, 10 to 11:30 a.m.
- Creative Cooking 101, 7 to 9 p.m.
- Scrapbooking, 6 p.m. to midnight.
- · Lunchtime Bingo, Recreation Center, Building 656. Noon to 1 p.m. Also Thursdays.
- Fitness Equipment Orientation, FITNESS Plus, Building 355, 8, 9 and 10 a.m. Also, Wednesday and Friday mornings. Call 841-1474.
- Newport International Boat Show, Aguidneck Island residents discount day, Newport Yachting Center, 10 a.m. to 6 p.m., 846-1115.
- •Recreation Center movies, Building 656, beginning at 5 p.m.: Life, Or Something Like It (PG-13) and *Double Whammy* (R). Other movies are available and may be shown upon request.

#### SATURDAY, Sept. 14

- Chief Petty Officer initiation ceremonies, Weakley Hall, Surface Warfare Officers School, noon.
- · Home By Myself, Fleet and Family Support Center, 9 a.m. to 12:30 p.m., 841-2283.

- Newport International Boat Show, Newport Yachting Center, 10 a.m. to 6 p.m., 846-1115.
- Festival, Fort Adams, 10 a.m. to 3 p.m., 841-0707.
- Newport International Polo Series, Glen Farm, Route 138, Family Support Center, 9 to 11

CLASSIC CARS ON DISPLAY — The Middletown

Rotary Club 'Fort Adams in the Fall' Auto Festival

will be held tomorrow, Sept. 14, from 10 a.m. to 3

SUNDAY, Sept. 15

· Chapel of Hope worship

• Sunday Bowling, Seaview

Guided bird walks, Norman

Newport International

Boat Show, Newport Yachting

Center, 10 a.m. to 6 p.m., 846-

leaves Newport bound for Tor-

bay, England; Cape Town,

South Africa; New Zealand,

and Salvador da Bahia, Brazil.

Armed Services YMCA:

MONDAY, Sept. 16

Messy Fingers and Toes,

Open Sewing, 6 to 9 p.m.

• Intermediate Weight Train-

ing for Women 9 to 10:30 a.m.,

TUESDAY, Sept. 17

— Fitness Hour, 9 to 10:30

- Scrapbooking, 9 a.m. to

- Kids Sewing No. 1, 4 to

Lovers' Night Out, 6 to 9

Armed Services YMCA:

Bowling Lanes, Building 656,

minimum per lane.

a.m., 846-2577.

11 a.m. to noon.

9 a.m., Gym 109.

\$10 per person.

a.m.

noon.

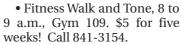
5:30 p.m.

4 p.m., 847-7090.

services:

10:30 a.m.

noon



• Intermediate Weight Train-• Middletown Rotary Auto ing for Women, 9 to 10:30 a.m., Gym 109. \$10 per person. Call 841-3154.

• Sponsor Training, Fleet and

a.m., 841-2283. Preschool Reading Hour, Norman Bird Sanctuary, 10:30 to 11:30

Officers' Club movies, at p.m. Deeds (PG-13);

a.m., 846-2577.

p.m. Windtalkers (R).

The Astor Ball, Astors' Beechwood

Portsmouth, USA vs. England, mansion, 8 p.m., 846-3772.

## WEDNESDAY, Sept. 18

- Armed Services YMCA:
- Parents' Time Out, 9 a.m. to noon, \$10 for first child, \$5 Catholic mass, 9 a.m. and for each additional child.
- -Kids Sewing No. 1, 3:30 to Protestant Services, 8 and 5 p.m.
  - Animal Experience, 3 to 4
- Open for Dancing, Island \$7 per person, two-person Moving Co., Newport, 847-
- Relationship Enhance-Bird Sanctuary, Middletown, 8 ment, Fleet and Family Support Center, 6:30 to 9 p.m., 841-2283.

## THURSDAY, Sept. 19

- Armed Services YMCA:
- —Fitness Hour, 9 to 10:30 • Around Alone 2002-03,
  - Knitting, 10 a.m. to noon.
  - Clifford the Big Red Dog story time, 11 a.m. to noon.
  - Kids Sewing No. 1, 2:30 to
  - -Kids Sewing No. 1, 4 to Fitness Hour, 9 to 10:30 5:30 p.m.
    - · Open for Dancing, Island Moving Co., Newport, 847-
- Murder Mystery Tour, • Fitness Walk and Tone, 8 to Astors' Beechwood mansion, 8 p.m., 846-3772.

#### **Upcoming events:**

• Sept. 21, Newport Harbor Kayak Tour, 9 a.m. to noon. Three-hour tour starts at Fort Adams State Park and circles the perimeter of the harbor. See mansions, historic ships, the Naval War College, two lighthouses and a massive fort. Reservations required, no experience necessary. Fort Adams State Park, Ocean Drive, Newport, 624-1440.

## **U.S. Fleet is ordered** to fly First Navy Jack

aboard all U.S. Navy ships in lieu of the Union jack during the global war on terrorism, the Secretary of the Navy's office has directed.

To honor those who died during the attack of Sept. 11, 2001, all afloat commands began flying the First Navy Jack at morning colors as of last Wednesday. This display of the First Navy Jack is an authorized exception to Section 1258 of U.S. Regulations 1999.

The First Navy Jack is a flag consisting of a rattlesnake, superimposed across 13 horizontal alternating red and white stripes with the motto, "Don't Tread On Me."

The jack was first employed by Commodore Esek Hopkins in the fall of 1775 as he readied the Continental Navy in the Delaware River. His signal for the whole fleet to engage the system after December.

The First Navy Jack is flying enemy was the striped jack and ensign flown at their proper places.

> The temporary substitution of this jack represents a historic reminder of the nation's origin, and will to preserve and triumph, the SECNAV said.

> Non-deployed ships and craft authorized to fly the First Navy Jack received an initial jack via their local fleet and industrial supply center's logistic support center representative. Deployed ships received their flag via Fleet Post Office, and distribution commenced Aug. 27.

> Three additional flags - one holiday and two regular - will be forwarded to each afloat command through commercial vendors at a later date.

> Additional quantities will be available through the stock

## IS IT TIME FOR A NEW DUTY STATION? **ARE YOU PLANNING A MOVE?**

Check our Web Site at: www.onlinehomesUSA.com EASY to use searchable database of over 1 Million Homes Nationwide

## COUPON

## IMPORTED CARS SPECIALISTS

COMPLETE SERVICE FOR ALL IMPORTED CARS

DRAIN & FLUSH **COOLANT SYSTEM** 

190 Admiral Kalbfus Rd., Newport Bob Ferreira, Proprietor **Right Outside Gate 1** 

OFFER VALID WITH THIS COUPON • EXP. 9/30/02

## Aquidneck Avenue Family Dental Dr. Stanson A. Moody

Welcoming military families to the Newport area!

Concordia & Tricare Insurance Honored

Emergency consulting always available during business hours!



Comprehensive care for the entire family!

Appointments available for cleanings & initial examinations

## AN ADMINISTRATIVE JOB POSITION IS AVAILABLE

401-846-9660

747 Aguidneck Avenue - Middletown (across from 7-Eleven)

# Learn what it takes to be great Navy sponsor

can sometimes be the first impression a new member and his or her family get when they arrive at the new duty station. Program was established.

relocating personnel and their The five-session workshop

## Fleet & Family **Support Center**

families when transferring on planning. Establishing credit, Permanent Change of Station orders.

In order to prepare you to be important skills. a Navy sponsor, the Fleet and Workshop on Tuesday, Sept. 17, from 9 to 11 a.m. This pertinent to the performance of sponsorship duties.

It is valuable for individuals and correct your credit report. who will act as sponsors or department representatives Union will conduct this class selecting sponsors. Because at the Fleet and Family Supthe military spouse plays such port Center on Tuesday, Sept. a vital role in the Sponsor Pro- 24, from 11:30 a.m. to 1 p.m. gram, all spouses are invited Registration is required and

good transfer and a bad one Registration is required and 2283. may be made by calling 841-

Relationship Enhancement The Fleet and Family Sup-That is why the Navy Sponsor port Center is conducting a workshop for individuals and The sponsor plays a big part couples who would like to in making the first impression learn some proven ways to a positive one. A sponsor is a improve communication in "friend" who is willing to help their personal relationships.

> begins Wednesday, Sept. 18, from 6:30 to 9 p.m. Call 841-2283 to register.

Reading Your Credit Report — Good credit is an important part of financial correcting credit problems, and rebuilding good credit are

Credit reports are used not Family Support Center is con- only by banks, loan compaducting a Sponsor Training nies, and credit card companies, but also by rental property agencies, potential employtraining provides information ers, and can be part of a job security clearance process. Learn how to read, understand

The Navy Federal Credit

The difference between a and encouraged to participate. may be made by calling 841- Wednesday, Sept. 25, from post-interview strategies.

Interviewing Techniques — This informative workshop is Family Support Center on views you may encounter, and register at 841-2283.

11:30 a.m. to 1 p.m. Hear information on getting ready for an interview, the interview

The dos and don'ts of effective interview techniques will be discussed. Call the Fleet being held at the Fleet and itself, different types of inter- and Family Support Center to



# "As a new

officer, my first order of the day was to join USAA."

Recent Commission? You're Eligible. As a new officer, you can rely on USAA to meet your needs as your career progresses. We're here for you whenever you need help - from PCS and deployment, to marriage, births and retirement. No matter what is happening in your life, you can rely on us for the financial services you need, including our full range of insurance, banking and investment products. And there's no membership fee. Join USAA today. Because the sooner you become a member, the sooner you'll have command of your financial future.

## Call us at 1-800-531-8604

or visit us at usaa.com



## **Children misbehaving? Take this STEP first**

The Fleet and Family Sup- iors, and discouraging undeport Center is offering classes to share some practical tips and skills on parenting in several important areas.

The program, entitled STEP (Systematic Training for Effective Parenting), provides an easy-to-understand framework that parents may find valuable in making sense of their children's misbehavior.

This understanding helps parents to plan and practice specific responses to misbehavior and may be used to promote responsible, cooperative, and productive behavior in their children.

STEP helps parents stop repetitious and harmful patterns of misbehavior, in a respectful and caring manner. It also helps parents teach their children new ways of participating and relating in the family, encouraging desirable behav-

sirable behaviors.

The STEP program provides parents with information about "the four goals of misbehavior," "natural" and "logical" consequences, and helps parents use these concepts to strengthen their children's selfesteem and desire to cooper-

Parents will have the opportunity to sharpen their skills for spotting and reinforcing desirable behaviors, while discouraging negative behaviors and utilize disciplinary methods that are matched to the misbehavior.

The next six-week STEP session begins on Oct. 15, and will run from 6:30 to 8 p.m. Registration is required and may be made by calling the Fleet and Family Support Center at 841-

USAA means United Services Automobile Association and its subsidiaries and affiliates. Property and casualty insurance products are provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, USAA County Mutual Insurance Company, USAA Texas Lloyd's Company or USAA Limited. Applicants for USAA property and casualty insurance must meet group membership eligibility requirements before purchasing for the first time. All applications for property and casualty insurance are subject to underwriting. Some restrictions apply. USAA Federal Savings Bank, an Equal Housing Lender and FDIC-insured, offers banking products. ©2002 USAA. All rights reserved.



# Just call me chief!



THE COLOR IS RIGHT — Chiefselectee GinaMarie Doherty, Surface Warfare Officers School Command, looks at a new red Navy Chief sweatshirt at the Navy Exchange CPO Uniform Night recently.

> Ron Fontaine and YNC (Sel.) GinaMarie Doherty/ U.S. Navy photos

LAWNMOWER MAN — Chief-selectee Wade Griffith, Naval Station Newport, mows high grass at the Fort Adams military cemetery as a community service project.



## **CPO-selectees to don new khakis tomorrow**

BY YNC(SW)(Sel.) G. DOHERTY
SWOS Public Affairs Officer

"Go ask the chief," the expression goes.

Come tomorrow, there will be 22 more at Naval Station Newport and its tenant commands. The traditional pinning ceremony and change to khakis will take place in Weakley Hall Auditorium at the Surface Warfare Officers School Command (SWOSCOLCOM) at noon.

The six-week initiation process serves as a right of passage from the junior to the senior enlisted ranks and to prepare the new chief petty officers to take on positions of greater responsibility and leadership at their respective commands.

Together, the prospective chiefs participated in various military and

civic activities. In the classroom they received instruction on topics ranging from Navy core values and traditions to mentoring, camaraderie and leadership.

Teambuilding activities included group Physical training three times a week, singing the National Anthem, and building projects.

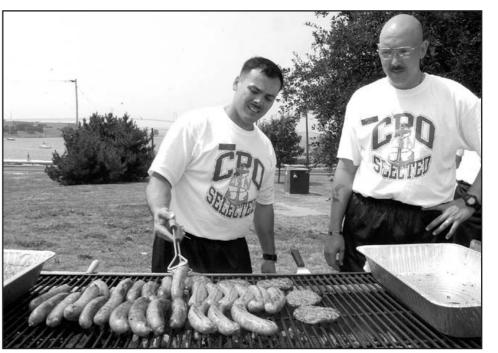
khakis will take place in Weakley Hall Auditorium at the Surface Warfare Officers School Command (SWOSCOLCOM) at noon.

The six-week initiation process serves as a right of passage from the junior to the senior enlisted ranks

In the local community, the selectees participated in service projects, such as cleaning the hulls and decks of sailboats for Shake-A-Leg, Inc. The specially-rigged sailboats are used in sailing lessons for the physically challenged.

The most significant contribution to the community was the landscaping of the Fort Adams military cemetery. Over a period of three weeks,

CHIEFS, Page 9



COOKING WITH CLASS — Chief-selectees Johnny Newcomb, left, Surface Warfare Officers School Command, and Rodney Ruth, Naval Ambulatory Care Center, grill bratwurst outside the Senior Enlisted Academy recently as one of the future chiefs' fundraising projects.

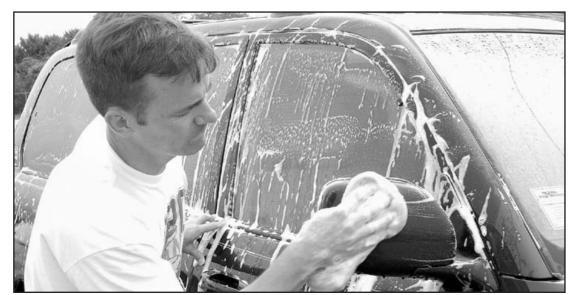


MANNING PIT STOP— Chief-selectee Christopher Gauker, and other CPOs, pump gas, wash windows and give service with a smile at the Navy Exchange Service Station on Aug. 23 to raise tip money for their initiation.





DECK HANDS — Chief-selectees Jason Janco, left, and Dan Bolton clean the decks of sailboats, left photo, owned by the Shake-a-Leg, Inc., during a community service project at Fort Adams. At right Chief Damage Controlman Robert Jeffries inspects dive gear provided by the Newport Dive Center. The Coast Guardsman will go through the Navy initiation ceremony tomorrow.



SCRUB-A-DUB-DUB — Chief-selectee Christopher Gauker, Naval Undersea Warfare Center Division, Newport, scrubs a mini-van during a car wash fundraiser behind the Fleet and Family Support Center.

## Chiefs

## **Continued from Page 8**

the future chiefs did a com- Hoard, Naval Station Newport plete landscape of grounds.

The effort included cutting grass, weed disposal, and reshaping overgrown hedges and bushes, raking and disposing of bags of grass and shrubs.

car wash at Burger King in Middletown, pumping gas and washing windows at the Navy Exchange Service Station, bake Larue, MIUWU 202 sales, and cook-outs at the Senior Enlisted Academy.

The Coast Guard does not have a chief initiation process, Naval War College

but realizing the importance and long honored tradition of the process, Chief Damage Controlman Robert Jeffries of SWOS, a Coast Guard chief petty officer, asked to participate in this year's initiation.

But it wasn't all academic and physical activities. The selectees also got together socially for a cruise on Narragansett Bay, the end of summer fireworks, and a golf tournament.

The new chief petty officer selectees are:

GSEC (SW) (Sel.) Alan Badger, Surface Warfare Officers School Command

ICC (SW) (Sel.) Stephen Naval War College

MMC (SW) (Sel.) Daniel Bolton, Surface Warfare Officers School Command

MMC (SW) (Sel.) Johnny Clayton, Surface Warfare Officers School Command

YNC (SW) (Sel.) GinaMarie Doherty, Surface Warfare Officers School Command

MMC(SW)(Sel.) Christopher Ehmann, Naval Ambulatory Care Center, Newport

Gauker, Naval Undersea Warfare Center

Gower, Naval Undersea Warfare Center

MSC (SW) (Sel.) Wade Griffith, Naval Station Newport

FCC (SW) (Sel.) Jason Janco, Surface Warfare Officers School Command DCC Robert Jeffries, Coast

Guard, Surface Warfare Officers School Command

(EOD/SW/AW/PJ) GMC Other activities included a Jason Kephart, Explosive Ordnance Disposal Mobile Unit TWO Detachment Newport

ETC (SW) (Sel.) Choyce

HMC(SW/FMF) Patrick Modglin, Naval War College

OSC(SW) William Moreau,



JUST A TRIM — Chief-selectee Michael Gower, Naval Undersea Warfare Center Division Newport, works a line trimmer between the headstones Blease, at the Fort Adams military cemetery.

MMC(SW)(Sel.) John Newcomb, Surface Warfare Officers **School Command** 

YNC (Sel.) Cathy Newman, 7th Naval Construction Regiment

ITC (SW) (Sel.) Anthony Pastrana, Naval War College

CMC (Sel) Raymond Peavey, MIUWU 202

HMC (SW/FMF) (Sel.) Rod-FTC (SS) (Sel.) Christopher ney Ruth, Naval Ambulatory Care Center, Newport

OSC (SW/AW/PJ) FTC (SS) (Sel.) Michael Lance Shavers, Naval War Col-

YNC (AW) (Sel.) Ryan Thowson, Broadened Opportunity for Officer Selection and Train-MRC (SW/AW) (Sel.) Bonnie ing.

Today: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections.

Tonight: Kick off the weekend right with a choice of Friday fun: Enjoy a fabulous outdoor barbecue or complimentary hors d'oeuvres every Friday from 5 to 7 p.m. Buy a beverage and receive a "free food" token good for a free hot dog or hamburger or, enjoy a free food buf-

Deck and Pub open at 4 p.m. Rocking DJ, Lou Pazienza spins tunes every Friday from 5 to 9 p.m.

Saturday: Topside Pub opens at 4 p.m. Full pub menu available until one hour before closing.

**Sunday:** hands Brunch, buffet-style, dining main room, 10 a.m. to 12:30 p.m. Reservations required.

Monday and Tuesday: Lunch,  $p.m.,\ main\ din$  mation on this page. ing room, buffet-

style selections. Dinner, 5:30 to 8 p.m., Topside Pub Pasta Night. All-you-can-eat fresh cooked pasta, salad and warm garlic bread. Pub opens at 4 p.m. On Tuesdays, free movies at 6 and 8 p.m. in the Topside Pub.

**EASY LISTENING'** — Matthew Quinn

Wednesday: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, free sliced beef sandwiches. Buy a beverage of your choice and receive a food token redeemable for two sandwiches. Other items also available. Pub opens at

Thursday: Lunch, 11 a.m. to 1:15 p.m., main dining room, buffet-style selections. Dinner, 5 to 7 p.m., Topside Pub, Lobsters for Happy Hour. One-plus pound boiled lobsters, giant baked potatoes, hot and spicy wings, fresh garden salads, creamy clam chowder and buckets of steamed clams with drawn butter. Pub opens at 4 p.m.

## **Upcoming Events:**

Advance tickets may be required for the following events. Gratuity is included in all tickets prices and there is no charge for children age 3 and under at special events. Tickets are available at the Officers' Club Gift Shop during normal hours of operation or by phone using Visa or MasterCard.

Sept. 19: Local favorites, Matthew Quinn & Billy Weston return for a special session of jazz by the bay at the Officers' Club on Thursday,

Bring the whole family down for a festive evening featuring the ever-popular "Lobsters for Happy Hour" menu and free musical enter- Tim West.

tainment by two of Newport's finest entertain-

Dine on one-plus pound boiled lobsters, fresh lobster rolls, hot and spicy chicken wings, including blue cheese dressing and fresh-cut celery sticks, giant Idaho baked potatoes, crisp garden salad and fresh steamed clams with drawn butter. It's a meal fit for royalty at a pauper's price!

"Lobsters for Happy Hour" are available from 5 to 7 p.m.; the pub menu will also be available

starting at 5 p.m. Entertainment takes place from 5:30 to 8 p.m.

This special event is sure to be a treat for the whole family, so come down, eat lobster, and listen to great jazz music at this extra special 'kick off the weekend" event! For more information, call 846-7987.

**Sept. 20:** This is the dinner event that features every delicious crab dish you can imagine! Tickets are now on sale for this fabulous allyou-can-eat Alaskan king crab buffet on Friday, Sept. 20 from 6 to 9 p.m. at the Officers' Club.

The menu features crab bisque, homemade crab cakes, crab salad, warm breads, king crab lasagna, and Billy Weston return for a special crab del ray, and stuffed crab legs. session of jazz by the bay at the Offi- There will also be top round of cers' Club during Lobsters for Happy beef, scallop potatoes, fresh veg-11 a.m. to 1:15 Hour, Thursday, Sept. 19. More inforestables and more, so don't miss this feast fit for royalty!

Tickets are \$31.95 for adults, \$11.45 for children 4 to 12, and free

for children 3 and under. Gratuity is included in ticket prices and seating will be by tickets and reserved time (requested at time of ticket purchase) only.

## **Enlisted Lounges**

(Recreation Center, Building 656, phone 841-3054)

Today: Lunch served from 11 a.m. featuring sandwiches, burgers, soups and salads and creamy white New England-style clam chowder. Lunch is open to all hands and Department of Defense civilians are always welcome. Call for advance order take-out. No home delivery.

Also, enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m.

**Ticket Connection** 

## **Boat show tickets at discount**

The Ticket Connection, Building 656, has discounted tickets available for the Newport International Boat Show to be held at the Newport Yachting Center today through Sept. 15. Show hours will be 10 a.m. to 6 p.m. daily. Tickets are priced at \$10 each and may be used on any one day of the show.

Patrons will save \$5 off the \$15 admission price. Children 12 years of age and younger will be admitted free when accompanied by a paying adult.

For more information, please stop by the Ticket Connection, or call 841-3116.

## Step back to Renaissance time

Highwaymen, jousting knights, magicians, musicians, wenches, swordsmen and mimes are just a few of the characters that will greet you at King Richard's Renaissance Faire in Carver, Mass.

The Faire, held on an 80-acre site of woodlands and meadows, runs weekends ONLY to Oct. 20 and is a must-see for entertainment.

Discounted adult tickets for selected dates are priced at \$20 (\$22 at the gate) and are available at the Ticket Connection in Building 656. Tickets for children ages 5-12 may be purchased for \$11 at the gate.

Children under age 4 will be admitted free. Call 841-3116 for more information.



STEP BACK in time at King Richard's Renaissance Faire in Carver, Mass. Discount tickets are sold at Ticket Connection, Building 656.

## N. Y. attractions at discount price

The MWR Ticket Connection is pleased to announce the arrival of discount tickets to some of New York City's hottest attractions!

Visit the ticket office in the Recreation Center, Building 656, and pick up tickets to Madame Tussaud's Wax Museum, the NBC Studio Tour, Grayline Sightseeing Tours and the Intrepid Air, Sea and Space Museum, all at an affordable

Stop by today for more information or to pick up some tickets in the Ticket Connection Office, Building 656.

Tonight: Head over to deck tonight and every Friday night and kick off the weekend with a dynamite deck party! Grillyour-own complimentary hot dogs, hamburgers and listen to the coolest tunes, spun by "Deck D.J.

# **Christmas Is Coming**



Earning Opportunity: The Newport Daily News has a part time position available in our distribution department inserting commercial advertisements into the newspaper. We offer excellent working conditions, with a starting pay of \$7.50 per hour. We are looking for very reliable and motivated people. Daytime hours while the kids are in school are available. Monday-Friday; This position requires working Friday nights from 9PM.

Apply To: The Newport Daily News 101 Malbone Rd. Newport, RI 02840

(Building 656, 841-4293) Seaview Lanes fall/winte

Seaview Lanes fall/winter hours of operation follow:

Monday, 5 to 9 p.m.; Tuesday through Friday, 5 to 10 p.m., Saturday and Sunday, 1 to 7 p.m. Every other Saturday night, 8 to 11 p.m. for Rock 'n Bowl.

— Fall bowling leagues are scheduled to begin in September at Seaview Lanes, Building 656. There are openings for bowlers on the following leagues:

Wednesday night — All-Hands (starts at 6:30 p.m.)

Thursday night — Mixed League (starts at 7 p.m.)

Friday night — Sunset Couples (starts at 7 p.m.)

For more information, call Ed Machado during normal hours of operation at 841-4293.

For more information, please call Ed Machado during normal hours of operations, or contact Lee Van Buren at 849-5877 (evenings.)

## Specials:

—'Rock and Bowl' Sept. 21, \$7 per person, including shoe rentals. From 8 to 11 p.m., you can rock, roll and bowl at Seaview Lanes! It's affordable and it's fun, so don't miss out!

# Special fitness programs & events

(FITNESS Plus, Building 355, 841-1474; or Gym 109, 841-3154)

Bench press your own body weight at Gym 109's competition on Wednesday, Sept. 18! The contest will run continuously from 8 a.m. to 6:30 p.m. and is open to men and women, ages 18 and over.

The winner in each of the following divisions, men's and women's 18 to 29, 30 to 45, and 46 and over, will be the person who completes the most bench presses of their own body weight in perfect form without assistance or racking.

Contestants will be weighed to verify their weight prior to competing and prizes will be awarded to winners in each of the divisions. For more information, call Gym 109 at 841-7196.

Command Relay offers group challenge — All com-

mands are invited to compile their best swimmer, runner, bicyclist, sprinter and all around best athlete for Morale, Welfare and Recreation's Command Relay event on Sept. 27 at 3:30 p.m.

Teams are allowed five participants and each member will perform one of the following events: half-mile swim, 5k run, bike to Carr Point, obsta-

cle course and 400 yard sprint. The relay wraps up at Carr Point for a complimentary cookout.

All participants will receive a t-shirt and the winning team

will be awarded a plaque that will be displayed at Gym 109. Register at Gym 109 and hurry—we can only take the first 12 teams! Call Brett Estrella at 841-7196.

# "The accident was 20 miles from nowhere in Montana. USFHP brought us home."

"My wife and I were in an automobile accident in Montana, 20 miles from the nearest town. It took two ambulances and two aircraft to air-evac us to Billings. She was in intensive care for a week. After a few more weeks, when I thought I'd be spending the rest of my life in Billings, Montana, the Uniformed Services Family Health Plan sent a Lear jet out of Denver. It landed at 8:00 a.m. and we were on our way at 9:00 a.m. – the pilot, copilot, ambulance attendant, flight nurse and the two of us. Four hours later we landed in Hyannis, where an ambulance was waiting to take my wife to the rehab hospital in East Sandwich. I thought that was rather extraordinary."



Rod Walz, US Air Force, Ret. USFHP member; Falmouth, MA

At US Family Health Plan, our mission is to help you get the care you need – even in the middle of nowhere. Enrollment is open all year – to military beneficiaries of all ages. For more information, call 1-800-818-8589.





THE DOCTOR IS IN-Lt. Cmdr. (Dr.) James McLoughlin, second right, head of orthopedic surgery at the Naval Ambulatory care Center, meets with some of his patients, from left, Army retiree Tim McNeely, Air Force retiree Charles Byrne and Army retiree William Arzamarski.

## Knee, hip joint replacement is NACC orthopedic specialty

**By LISA DIMARIA, RN** 

Public Health Educator, Health Promotions Dept.

Do problems with a knee or hip joint keep you from activities you enjoy?

Your knee or hip pain may be caused by an injury, a chronic illness or wear and tear from years of use. Surgery can often help.

A total joint arthroplasty (or total joint replacement) is the surgical reconstruction of a joint where both joint surfaces are replaced with artificial materials, usually metal and high-density plastic. Joint replacement may be recommended for:

-Pain that has failed to respond to conservative treatment (including medication, injections and physical therapy) for six months or more

- -Pain that limits or prevents activities that are important to the patient
  - —Decreased function caused by arthritis
  - Inability to sleep through the night due improving quality of life.

to joint pain.

Lt. Cmdr. (Dr.) James C. McLoughlin, head of orthopedic surgery at NACC Newport, performs both total knee and total hip arthroplasty at Newport Hospital.

McLoughlin and the orthopedic health care team guide their patients through the pre-operative and post-operative periods if surgery is elected and the patient meets all the criteria.

McLoughlin reported to Naval Health Care New England, NACC Newport in August 2000. He attended Columbia University College of Physicians and Surgeons, and performed his residency at Albert Einstein College of Medicine and Montefiore Medical Center Orthopedic residency pro-

Authorized patients may see their Primary Care manager if considering joint replacement, and taking one step closer to

## **TRICARE** corner

## Help stop healthcare claims fraud

care claims costs the government millions of dollars each year. It increases the cost of healthcare and causes employers to reduce healthcare benefits in an effort to control rising

Fraud and abuse in health- to this growing problem, creat- beneficiaries themselves are ed a Program Integrity Department dedicated to tracking and stopping health care claims fraud and abuse in the TRICARE Northeast Region.

Although SMHS uses a spe-Sierra Military Health Ser- cial computer program to vices, Inc (SMHS), in response track patterns of claims abuse, TRICARE, Page 13

the greatest source of information on possible inappropriate billing practices.

By speaking with doctors and healthcare providers, beneficiaries learn what tests and procedures will be included in their treatment.

## **Sports**

# **NoNames collect** 4th straight title

By RAY T. MIGNOGNA

NoNames Player/Coach

For the fourth straight year, the NoNames won the Naval Station (NAVSTA) Newport Intramural Softball League championship. They defeated Out Of The Box, 7-6, on Sept. 5 at Carr Point Recreation Area after nearly a week of rainy weather.

The NoNames jumped to a 2-0 lead on a two-run homer by Dwaine Sampson in the first inning. A towering shot that cleared the brush over the left field fence.

Out Of The Box broke through and scored a run when Scott Stanton reached on an error, which was combined with hits by Dave Peveler and an RBI single by Sean

Out Of The Box, the Navy Warfare Development Command team, tied the game in the top of the fourth inning on hits by Peveler and Lynch.

The NoNames answered back in the bottom of the fourth with three runs on a single by Mark McCutcheon, a walk to Samson and then Dan Swizler hit a three-run homer that just grazed off the glove of the defending leftfielder, and retired from the team.

went over the fence.

After six innings, NoNames still led, 6-3, but Out Of The Box came back to tie it, 6-6, in the top of the seventh.

In the bottom of the seventh, replacement catcher Thurm Hicks hit a single. Hicks was replaced with a pinch runner, Glen Sugawara.

Jim Hayes followed with a single to advance Glen to second and into scoring position.

Team captain Tom Perry lined a hard single to left center and Sugawara took off from second, waved home. The throw from the left centerfielder went just right of home plate and Glen scored the winning

The MVP for the NoNames was Dan Swizler who had three hits which included a threerun homer. Honorable mention went to Dwaine Samson who hit a two-run home run, and pitcher James "Bear" Hayes. The rest of the team members are Teon Cromwell, Brian Queripal, Ray Boulanger, Bobby Johnson, Matt Stratton, Larry Shute, Warren Vanvelzer, Tim Dowden and Michael Mignogna.

Player/coach Ray Mignogna officially announced he is

## NAPS Rams open strong on gridiron

The Naval Academy Prep in five carries. School (NAPS) Rams' football team is off to a strong start under coach Ens. John Jeffery, winning its first two games this season.

The Rams downed Hudson Valley Community College, 28-19, last Saturday at Prichard Field; and defeated Bridgewater State College, 18-12, on Aug. 31 in Massachusetts.

In the Bridgewater game, NAPS had to overcome several penalties. But Navy never quit resulting in a decisive victory.

The offensive line was into peak form, helping the Rams rush for over 300 yards and three touchdowns. Running back Trey Hines was the main contributor posting 111 yards

The NAPS defense held firm, holding Bridgewater to only 230 total yards. Midshipman Candidate David Mahoney helped stop he hosts' offense, making eight tackles, six assists and one sack of the quarterback.

"At times the offense looked very sharp," said offensive coordinator Brian Wajert. "I was proud of the way they all hung together. It showed maturity beyond their years.

"This week we will be working on ball security and hopefully be able to eliminate the turnovers.

"If we do that I believe we will put some more points on the scoreboard."

Ens. Timothy M. Cestaro, USS Ens. Timothy M. Cestaro, USS Leyte Gulf (CG 55)

Ens. Daniel J. Chilton, USS Chosin (CG 65)

Ens. John W. Chuma, USS Cape St George (CG 71) Ens. William B. Cleveland, USS

Avenger (MCM 1)

Ens. Mahdi A. Cocci, USS Tarawa (LHA 1) Ens. James B. Cole, USS Reuben

James (FFG 57) Ens. Christopher S. Collins, USS

Philippine Sea (CG 58) Ens. Candy H. Conklin, USS Fort McHenry (LSD 43)

Ens. Melissa M. Cox, USS Philippine Sea (CG 58)

Ens. Paul A. Craig, USS Ardent (MCM 12) Ens. Bunor L. Crawford, USS

Vincennes (CG 49) Ens. Leo M. Cruz, USS Ramage

(DDG 61) Ens. Adoniram Dacunha, USS

Lake Erie (CG 70) Ens. Kristin L. Dahlgren, USS

Cowpens (CG 63) Ens. Anthony M. Decena, USS

Duluth (LPD 6) Ens. Michele Delafuente, USS Spruance (DD 963) Ens. Rebecca M. Domzalski,

USS Sacramento (AOE 1)

Ens. Christopher A. Durant, USS Arleigh Burke (DDG 51)

Ens. Shane A. Durkee, USS Stout (DDG 55) Ens. Charles P. Durkin, USS

Boxer (LHD 4) Ens. Lyndon D. Easton, USS

Carney (DDG 64) Ens. Keely E. Fallon, USS Leyte

Gulf (CG 55) Ens. Lauren Y. Fallon, USS Vella

Gulf (CG 72) Ens. Thomas P. Faulds, USS

Ponce (LPD 15) Ens. Kelly A. Finn, USS Anti-

etam (CG 54) Ens. Garrett M. Fisher, USS

Camden (AOE 2)

Ens. John E. Fitzpatrick, USS Roosevelt (DDG 80) Ens. Daniel A. Follett, USS Cor-

morant (MHC 57) Ens. Katie E. Frank, USS Fitzger-

ald (DDG 62)

Ens. Michelle R. Gibbs, USS Decatur (DDG 73) Ens. Lucas M. Grant, USS Win-

ston S. Churchill (DDG 81) Ens. Geoffrey D. Greene, USS

Comstock (LSD 45) Ens. Jack A. Griffitts, USS Klakring (FFG 42)

Ens. Detrick J. Guillory, USS Thomas S. Gates (CG 51)

Ens. James D. Haley, USS Rentz

Ens. Rvan E. Halla, USS Belleau

Ens. Chad R. Hamlin, USS Gonzalez (DDG 66)

Ens. Gary D. Harding, USS Bulkeley (DDG 84)
Ens. Nathan P. Hardy, USS

Crommelin (FFG 37)

Ens. Shonli L. Harris, USS Tarawa (LHA 1) Ens. Timothy W. Harvey, USS

Belleau Wood (LHA 3) Ens. Ha V. Hoang, USS Bataan

Ens. Anthony C. Holmes, USS Robert G. Bradley (FFG 49)

Ens. Brent S. Jackson, USS Russell (DDG 59)

Ens. Joel C. Jackson, USS McCampbell (DDG 85)

Ens. Joseph A. Jacobson, USS Donald Cook (DDG 75) Ens. Nicholas P. Jones, USS

Stephen W. Groves (FFG 29) Ens. Meaghan M. Kelly, USS

Ramage (DDG 61) Ens. Nevada C. Kennedy, USS Ford (FFG 54)

Ens. Jedediah A. Kloppel, USS Portland (LSD 37)

Lt. j.g. Adam J. Kopp, USS Mustin (DDG 89) Ens. Christopher Labissiere,

USS Cole (DDG 67) Ens. Daniel W. Landi, USS McCampbell (DDG 85)

Ens. Colleen A. Lane, USS Rentz (FFG 46)

Ens. Christian D. Larsen, USS Anchorage (LSD 36)

Ens. Angela R. McMillian, USS Hopper (DDG 70)

Ens. Brendan P. McShane, USS O'Kane (DDG 77)

Lt. j.g. Albert Mercado, USS Deyo (DD 989) Ens. David R. Miller, USS Boxer

(LHD 4) Ens. Mark A. Minton, USS Shoup (DDG 86) Ens. Seth D. Mobley, USS Old-

endorf (DD 972)

Ens. Daniel P. Neville, USS Mahan (DDG 72) Ens. Gavin D. Noble, USS

Juneau (LPD 10) Ens. David I. Noe, USS Winston

S. Churchill (DDG 81)

Ens. Ryan S. O'Connor, USS Leyte Gulf (CG 55) Ens. Matthew J. Onsurez, USS

Klakring (FFG 42) Ens. Michael P. O'Sullivan, USS

Tarawa (LHA 1)

Ens. Cristina M. Paolicchi, USS Nashville (LPD 13)

Ens. Andrea K. Patton, USS Paul Hamilton (DDG 60) Ens. Matthew S. Percy, USS San

Iacinto (CG 56) Ens. Keith B. Peter, USS Corona-

do (AGF 11) Ens. William M. Phillips, USS

Antietam (CG 54) Ens. Michael E. Piano, USS John

S. McCain (DDG 56) Ens. Matthew S. Polaha, USS

Ens. Amy M. Popieski, USS Ramage (DDG 61)

Ens. Edward T. Prusiecki, USS Elrod (FFG 55)
Ens. Jay R. Rainier, USS Mon-

terey (CG 61)

Ens. Steven R. Raketic, USS Russell (DDG 59)

Ens. Thomas G. Ralston, USS

Chosin (CG 65) Ens. Jeffrey D. Ramey, USS

Mitscher (DDG 57) Ens. Jennifer E. Ramos, USS Barry (DDG 52)

Ens. Casey M. Rayburg, USS

McClusky (FFG 41)
Ens. Suzanne L. Sampson, USS Fort McHenry (LSD 43)

Ens. Patrick J. Sauer, USS Princeton (CG 59) Ens. Silva N. Saxon, USS Denver

(LPD 9) Ens. Meredith K. Schley, USS O'Brien (DD 975)

Ens. Christopher J. Schlobohm, USS Bonhomme Richard (LHD 6) Ens. David J. Schmidt, USS

Osprey (MHC 51) Ens. Todd J. Sehl, USS Wasp (LHD 1)

Ens. Nole L. Sheets, USS Defender (MCM 2)

Ens. Timothy W. Shugert, USS Shoup (DDG 86) Lt. j.g. Scott A. Simmons, USS

Bulkeley (DDG 84) Ens. David M. Sims, USS LaSalle

(AFG 3) Ens. Michael L. South, USS Higgins (DDG 76)

Ens. Liesel K. Stanhope, USS Chancellorsville (CG 62)

Ens. Robert S. Stephens, USS Ramage (DDG 61) Ens. Visong Tring, USS Mason

(DDG 87) Ens. Peter J. Underwood, USS Reuben James (FFG 57)

Ens. Constantine W. Velentzas, USS Ross (DDG 71)

Ens. Gwendolyn R. Wade, USS Samuel B. Roberts (FFG 58) Ens. Dornelieo A. Waits, USS

Dextrous (MCM 13) Ens. James T. Wallwork, USS

Fitzgerald (DDG 62) Ens. Rebecca M. Ward, USS

Benfold (DDG 65) Ens. Anthony M. Waters, USS

Howard (DDG 83) Ens. Kathryn E. Watson, USS Chosin (CG 65)

Ens. Robert C. Watts, USS Raven (MHC 61)

Ens. Cynthia H. White, USS Ingraham (FFG 61) Ens. Andria J. Williams, USS

Bonhomme Richard (LHD 6) Ens. James R. Wilson, USS Halvburton (FFG 40)

Ens. Michael A. Woehrman, USS Thach (FFG 43) Ens. Christopher W. Wolff, USS

Leyte Gulf (CG 55) Ens. Guo Q. Xu, USS San Jacinto

## Classified pays off!

# Advertising Classifieds

For fast results 849-3300

## 10 - Help Wa

ANNIE'S Bellevue Ave. Coffee House taking ap plications for Waitst 176 Bellevue Ave . New port, ask for Eileen.

AUTOMOTIVE/ASSISTANT Office Manager ful Office Manager ful benefits pkg., excell working conds. & ver nice people to wor with. Experience w/Rey nolds & Reynolds & plus. Please call B bara Loffredo at Acu of Newport 849-8499 fc confidential intervieoe.

BANQUET STAFF wanted. Servers, an bartenders for new bar quet facility. Apply person @ Atlanti Beach Club Pavilion, ! Purgatory Rd., Middle town, RI.

CNA, Small Nursing fa cility, good starting for experienced. Week ends, part-time/full-t Days/evenings. JCAHO accredited. Please of Brian Pillo at For Farm, 847-2777. EOE. www forestfarmhealthcare con

DELIVERY DRIVER The DELIVERY THE THE NEWPORT Daily News has a part time posit avail., delivering ne paper bundles to ou single copy outlets carrier drop location of the part of the control of Starting pay is \$10/ this position requi working Mon.-Fri. fro 10:30 am & every Fr night from MIDNIGHT. The position also requires occasional heavelifting. Only mature, sponsible individual sponsible individual with clean drivi records & proven relability will be consied. Apply to The New port Daily News- 10 Malbone Rd., Newport,

DELIVERY DRIVER The Newport Daily news has time positi delivering ne part time avail., delivering paper bundles to ou single copy outlets carrier drop location locatio Starting pay is \$10/ this position requi working Mon.-Fri. fr 10:30 am & every Fr night from Midnight The position also r quires occasional heav lifting. Only mature, sponsible individual w/clean driving recor & proven reliability be considered. Apply to the Newport Dail; News- 101 Malbone Rd., Newport, RI.

**Newport Daily News Carriers** Earn more than money 849-3300

## 10 - Help Wa

COUNTER HELP, day/night, Mon-Fri. ply in person. Sigs Maket, 7 Carroll Av ket, 7 Carroll Newport. 847-2654.

DRIVERS & Warehouse DRIVERS & Warehouse
Workers, full & part t
hrs. avail. Apply T
pa's Food Service, 95
Aquidneck Ave.

HAIRSTYLIST for up-scale Newport salon Take over cliente: 846-5798.

HOTEL FRONT DESK - Bay Voyage Inn is curr seeking applicants fo position of front concierge. Complete be fit package, incl health, dental, vacati 401K. Prior hotel e ence prefered. Appl person, 150 Conanie Ave., Jamestown, RI.

JANITORIAL / TEAM LEADER Mon.-Fri., LEADER Mon.-Fri., 11:30am-8pm on New-port Naval Base, pri experience in all ar of janitorial dutic must. Experience work ing w/people w/disabities a plus. Call 80340 for application 

LEASING AGENT/OFFI-CE ASST. - Part time great pay + commissions. Call NorthGat Apts. 847-7804.

LIFEGUARD part time. Apply in person Howard Johnson Inn, Middletc wn. Or call Jeff Mi 849-2000 ext. 304.

NEWPORT VINEYARDS

is seeking part-ti help in its retail t room. The position i cludes giving tours, fering wine tasting processing orders and other odd jobs. Must k available some weekends, holidays and oc casional evenings. Ap plicants should be art ulate, enjoy speaking front of groups ar have a friendly demea nor. Knowledge and appreciation of wine plus. A great job War College spouses & others. Please ca 848-5161.

PART TIME: The New-port Daily News has part time position av able in our distribu department insertin commercial advertise ments into the newspa per. We offer excell ments into the newspa per. We offer excell working conditions, wi a starting pay of \$7 per hour. We are loo ing for very reliabl motivated people. Alon with variable dayti hours Monday-Friday; this position requi hours Monday-Friday, this position requi working Friday night from 9 pm. Hours avai able vary with abili Apply to The Newport Daily News- 101 Mal bone Rd., Newport, RI

#### 10 - Help Wa

CABINET MAKER High End Shop, full by package, 841-5544. benet

MORTGAGE ORIGNA-TORS/Telemarketers, great pay. Fax resum to: 885-1705.

RECEPTIONIST- For up-scale Newport salon Full time positio 846-5798.

RENTAL AGENT experienced to join our e panding rental dept. inquiries confident: Call Carol DeAngelis Lila Delman Real Estat 848-2101 ext. 209 c

## \*\*\*

RESTAURANT STAFF, RETAIL STAFF, imme diate openings, H PAY SCALE. Full part time, weekends eves. a must. Exper ence preferred. train motivated person Apply in person at A thony's Seafood, 96 Aquidneck Avenue, Middletown. 846-9620.

## \*\*\*

RESTAURANT STAFF, RETAIL STAFF, imme diate openings, HIGE-PAY SCALE. Full & part time, weekends eves. a must. Exper ence preferred. Wi train motivated person Apply in person at A thony's Seafood, 96 Aquidneck Avenue, Middletown. 846-9620.

RETAIL SALES POSITION- Part-time, students may apply Must be friendly outgoing. 848-9986.

RETAIL SALES, high end gift shop, part-ti experience helpfu Please apply at Cab bages & Kings, 214 Bellevue Ave., Newport

SHORT ORDER COOK full time, yr. round, perience preferred. Chelsea's, 846-2770.

WAITSTAFF WANTED ATLANTIC GRILLE breakfast/lunch, app in person 91 Aquidnecl Ave., Middletown.

WAITSTAFF: Selected for filming by the Foundation Network, The Newport Dinner Train needs at ditional servers expended in 1st class d ing to join a staff the move. Must be avail. Thurs., Fri. & Excellent wages. Appl in person w/job histo to: 56 Bridge St Newport. 841-8700.

## 170-Services

ITALIAN CONVERSATION Visiting Italy, or wi to converse in th beautiful language wi your friends? Call Ma gherita, 401-683-0633

## TRICARE

## **Continued from Page 12**

Then, when receive their Explanation of Benefits form and billing statement, they can examine them to ensure the doctor billed for the appropriate services. While discrepanof Benefits can be an indication of potential with a phone call.

The beneficiary is encouraged to make an inquiry with the doctor's office or contact our Cus- Sierra Military Health

cies on the Explanation tomer Service Depart- Services, Inc., Depart-

they simple billing or claims you think you may be a processing errors and victim of fraud or for can easily be resolved more information on the Program Integrity Department, visit the SMHS website.

Also you may write to: ment of Program Integri-Fraud and abuse is ty, 111 Market Place Suite fraud, many are due to everyone's concern. If 410, Baltimore, Md.

175-Lawn & Ga

## 200-Painting &

EXTERIOR PAINTING & Carpentry repair. 17 y on Aquidneck Island Patrick @ 848-0157.

## 350-Instructic

#### BARTEND

Day & Evening Classes Boston Bartenders School Get Certified/Jobs Dartmouth, (508)984-4515

## 400-Pets & Su

55 GAL. SALTWATER Fish tank: w/fish a everything to sta: \$1,100. 682-2187.

#### 490 - Wanted

CASH FOR DIAMONDS, Gold, Watches. Qualit Jewelers, 4 Main Road Tiverton. 401-625-1521

#### 515 - Health a

BOW FLEX XLT, has all excessories. \$850, ca 849-6137 or 439-6943.

## 520 - Miscell for Sale

- 2 10,000 BTU KENMORE Air cond. for sale, 3 old w/all papers. \$15 each or \$250/both Please call 846-4558.
- 2 NASCAR RACE Tickets: Loudon NH, 9/15 Hospitality Dupon Booth. \$395. 847-9347.
- 2 NEW GARAGE DOO-RS with glass windows Approx. 1-yr. old. Exc lent cond., w/Lift-Mas Security garage doo opener & outside key pad combination lock \$1800. For more infi 683-0863 after 5 p.m.
- R FT. STAINLESS Steel Commercial sink, 3 ba sin w/2 sideboards \$750. 849-5895.
- AIR CONDITIONER, Fedders 5,000 BTU \$100. 848-5274.
- COMMERCIAL BAR pool tables, convert for home use. Starti at \$650. 6 & 7 ft. a while supplies last. C tact Newport Music Company 8-5, 846-5300.
- HOT TUBS 2002 liquidated models available
  Must be sold at or k
  low cost. 401-284-0165

## 530 - Househol

BED BRASS, queen size mattress/box spring st in plastic, hea board/frame still in les, unused. Cost \$1150 sell \$275. Can deliv 401-641-5535.

## 530 - Househol

BLACK LAQUER BDRM. set, endtables, doub dresser w/mirror. \$25 846-5729.

COAL STOVE- petite godin, good cond. \$400/best. 849-6488.

DINING: BEAUTIFUL Solid Cherry wood 12pc. set. Hutch, buff sideboard, 92" table 8 chairs. Bought \$8,500. Sacrifac \$2,450. 378-6540.

KING SIZE BEDROOM set, solid wood, 4 po er bed, long dresse mirror, lge. Armoire mans Dresser. Paic \$3,600/sell \$1,20 847-7411.

MAHOGANY FINISH computer/wall unit. F cellent cond. \$200 846-9616.

REDUCED TO SELL!
Laxy Boy Q-Sleeper.
\$300/best, 682-2512.

SOFA, QUEEN SIZE Convertable, less than yr. old. \$400. 848-28

WASHER & DRYER good condition. \$300 Call 742-3928.

WASHER, Kenmore + dryer, Hotpoint. Gre cond. \$250 for pr. 84 2158, leave a message

## 590 - Music

AGES 5-95 VIOLIN LESSONS. Call Mr. Dragone 847-8529.

## 0670-Business Or

INVESTING?
Promises of big profineans big risk! Call
AG-Consumer Protection at 800-852-7776,
the Federal Trade Commission at (877)-FTC-ELP for free informati
Or visit our Web site
www.ftc.gov/bizop.

## 700 - Rooms f

LARGE ROOM, furnished Point section. Kitch privileges. Walking 6 tance to everythin \$100-\$150/wk. 846-0825.

## 710 - Unfurn.

- 2 BDRM DUPLEX in the Kay St. area, 1 1 bath, hardwood flrs washer/dryer, modern kitchen, spacious decl \$1200+, 849-0724.
- BDRM. Victorian of Bellevue, sunny w/hard woods, eat-in kitche spacious, laundry unit, beautiful yard storage in bldg. \$11 hot water incl. No pe Avail. 10/1. 617-354-12
- 2 BDRM., 1.5 bath, 1s flr., family rm., fire \$1400+. Heritage of Newport 849-7220.
- 2 BDRM., hookups, parking. No pets/smoki ng. \$900+. Edith Cush ing, ReMax 848-6750.
- BDRM., 1ST. FLR. Family area, parkin hookups, nice yard \$1,350. 847-6940.

## 710 - Unfurn.

- 1 BDRM. apt., yrs. leas no pets, nice are \$625. Tom 849-6675.
- 3 BDRM., 2 bath, on spacious flrs., dr: way/parking, off Thames yard, patio decks, la dry facilities, no \$1350. Avail. Sept. Long term leases avai 885-2818 or 996-2033.
- AMBIANCE in great area & surroundings, sun room, very quiet charming, laundry. N pets/smoking. Long term. 846-8330.

CLIFF WALK, 2 bdrm., deck, laundry. Heat water \$1200. 846-8372.

DOWNTOWN Newport Prospect Hill St. Av some 1 bdrm, incl heat/water, new paint, arpeting, washer/dry, \$950/mo., 845-2274.

DOWNTOWN, 2 bdrm., laundry, garage, fi place \$1300+. ReMax, Edith Cushing 848-6750

MANN AVE., VICTORIAN

1 bdrm., 1st flr. w
er/dryer, parking & ya
\$750+. Osborn Realty,
849-4150.

NEWPORT 3rd. flr., bdrm., deck. No pets \$725+ elec. 849-5081.

PORTSMOUTH beautiful 2 bdrm duplex, 1 1/ bath, country setting 2 acres, Elmhurst Scl District, \$1200+, 84 6138/ 846-5702.

PORTSMOUTH: 2 bdrm. spacious apt. w/firepla in Mellville sch district. \$925 incl. Avail. Nov. 1, 683-42

YACHTING VILLAGE 2 bdrm., 2 full bath, st. parking. Avail. In diately \$1300. 683-649

## 720- Furnished 1

DOWNTOWN NEWPORT 1 bdrm, washer/dryer dishwasher, parking. N pets, \$700+ utils.. ( 849-8902.

DOWNTOWN NEWPORT. 2 bdrm., washer/drye off st. parking, incl lease until May 31s \$1200/mo. 935-9310.

MIDDLETOWN studio, private bath, stove/rg./microwave. \$750 inc all. 849-9045, 851-200

#### 730 - Houses

- 1 BDRM. COTTAGE by beaches, deck, parking English garden, beaut fully furn., pets? : winter, \$1100 yr. row Call 952-0019.
- 2/3 BDRM., 2 bath, nea Navy base, family neig borhood, quiet st., 1 yard & deck, nea beach. \$1,000/mo.617-794-1620.
- IN THE COUNTRY unfurn. 3 bdrm., 2 ba ranch w/living rm. dining rm. Lower lev rec. rm. Avail. 10 \$1750+ utils. Glo R Reps 849-2082.

PORTSMOUTH 2 bedroom, immaculate, fir place, AC, washer/drye garage, quiet settii beautiful yard & dec \$1250+utils., 846-7631

## 730 - Houses :

3 BDRM., fully furn., per Broadway, off s Avail. 10/20-4/1 negc able. \$1400. 849-0407.

#### 741 - Winter

- 1 LARGE BDRM. Garden suite, downtown new. No smoking or pets. \$1,000/mo. uti incl. 640-5665.
- 2 BDRM. Cathedral ceil ings, loft, living rm. Catherine St. are \$850+. 846-0825.
- 2 BDRM. Central Newport, \$625/mo. Sept May. 401-884-3375.
- BDRM., 1 bath furn waterfront cottage. smoking/pets. \$800/mo. After 4:30 978-582-909
- 2 COTTAGES, furn., near beach. One 2 bdrm. \$1100 & one 2 bdrm. + loft \$1200. May. Cell 225-4482.
- 3 BDRM., 2 bath unfurn home. All amenities \$1500+. Edith Cushing, ReMax 848-6750.
- 3 BDRM., 3 BATH house avail. Oct. 1-May \$1600+. Point locatic near Navy Hospital. Fu nished, washer/dryer gourmet kitchen. Hard wood floors. Cats of No smokers. 846-7021.
- 5 BDRM. Victorian, bath, in town. \$1100 utils. Liz at Conan: Real Estate 423-3440.
- ATTN. SWOS, SALVE & Others. Rentals all ty avail. Remax, Edit Cushing 848-6750.
- BELLEVUE condo 3 bdrm., 2 bath, parkir \$1500. Edith Cushing Remax 848-6750.

MIDDLETOWN, Ocean view, 1 bed. Sept.-Ma \$450+. 333-9127.

## 760-Retail/Off

NEWPORT COLONIAL: approx. 2,600 sq.f Beautiful bldg. w prominent address, true classic. 849-5820

## 870 - Houses

DOWNTOWN NEWPORT Prospect Hill St. bdrm., 1.5 baths, 2 s ry, plenty of parki \$289,000. 845-2274.

MIDDLETOWN - New construction, WestVie Rd. Saltbox cape, bdrm., 2 bath, har woods, fireplace, gran counter, central & \$299,000. Holland Agency, 624-8469.

NEW LISTING! Spacious colonial w/views of the bay & the Sakonnet Many unique features includes porches & decks. \$389,000. Century 21 Access America Dave Lawrence/Cathy Wicks 849-0660 ext 234 or 683-1022.

NEW LISTING! Unique duplex on quiet dea end street, with bdrms. each side. Grea for owner occupied o investment. \$269,000 Century 21 Access America, Donna Prescott 849-0660 ext. 23

## 875 - Real Esta

Visit destinationnewport.co for all your rental nowinter/long term/fur or unfurn. Or call 1-8 521-3336 to speak di rectly w/a rental age

#### 902 - Motorc

1997 SUZUKI SAVAGE 650. 2,500 mi. Red \$2200 with cover 845-9467.

HARLEY DAVIDSON 1996. 1200 custom sportster, 4,000 mil excellent cond. \$6800 Days 847-8215, after p.m., 848-0526.

HONDA 200 '81, excellent cond., ready ride, \$600 401-965-456

## 905 - Trucks &

CHEVY '85 work van, 1 ton, roof rack, hit diesel. \$2200. 841-087

TOYOTA X-CAB 4X4, SR5, CD, sunroof, cap looks & runs great \$ 4 2 0 0 / b e s t . 848-0431/855-3289.

## 907- Boats & .

'74, 19' SPORTSCRAFT cabin, 150 Evinrud outboard, trailer, t access. \$4,500. Eilee 401-683-1432.

26' PEARSON, Sleeps 5, sink, head, roller fur 10 hsp. engine, many extras. \$5,000/best. Newport, moving, must sell. 508-400-2598.

BRISTOL Sailstar Corin thian, 19 ft. Yamaha 5 hp, full sail inver new cover, \$2,300, water. 849-2009.

## 915 - Autos f

AUDI 90S '93, fully loaded, 78,000 mi., 4 c great cond. \$5,000 683-6610.

BMW 740iL 2000, dark green, loaded, 20,00 mi., superb cond., owner, warranty, \$4! 000, originally \$73,0 423-3796.

CAVALIER WGN. '91, N.H. Sept sticker rn A-1. \$500. Joe 849-047

CHEVY '85 G10 cargo van, lots of new par runs good, very relial work truck. Shelves roof rack. \$2000. 42 3246 for details.

CHEVY CELEBRITY '89, 4 door. \$875. Great c for the money. Call ter 5 pm. 683-4232.

CHEVY CORSICA '95, cruise, ABS, power wir dows & locks, CD, ai clean! \$3995. 847-9839

Great cond. has new trans., exhaust, brak inspected. \$1,999 849-6024.

## 915 - Autos f

CHEVY VAN '82. Engine good. Inspected t 9/03. Make offer 294-4447.

CHRYS. Town & Country '97, metallic silver, cellent cond. \$8500 401-683-8887.

CROWN VICTORIA '88:
Inspected til 2/04.
in good shape. \$1,300
best. New tires, shoc
and exhaust. 849-1788.

HONDA ACCORD DX
'88- Great shape
\$1,200. 401-683-6643.

HONDA CIVIC EX '91, 4 dr., 5 spd., loaded, good cond. Must sell \$950. Cell 662-2532.

HYUNDAI ACCENT '98, 4 dr. GL, red, auto/ 21,300. \$5900. 849-6485

HYUNDAI EXCEL '97 40,000 mi., excelle condition, \$4300 76( 641-9279/847-3527, must sell!

JEEP CHEROKEE '88, rebuilt engine w/100,0 mi. warranty, runs gre \$2995/best Jim 683-2127

LINCOLN Continental
'93, 92,000, moon roc
& all extras. Good con
Must be seen. \$3900,
best. 847-5240.

MERC. TOPAZ '88, 140,000 mi., auto, ru well, inspected til 12 \$450/best. 339-3563.

MERC. VILLAGER '94-Loaded. 101,000 mi Runs & looks grea \$4,500. Call 683-1952.

MITSUBISHI ECLIPSE GS '98, 23,850 mi. Pa off loan. Call 841-82

PLY. VOYAGER '95, 70,000 mi., 1 nor smoker owner, excellen cond. \$4700/best. Cel 401-374-7137.

PORSCHE 944 '84, looks & runs great, spected, sunroof, ni car. \$2900/best 848-0431/855-3289.

SAAB '93 900S, standard, Must sell! Owne moving overseas. \$2500, call 848-2394 848-6766.

SAAB 900S '88, turbo, convert., 138,000, blaw/black leather, a power locks & windows. Needs TLC. \$2600/best. 849-2196.

TOYOTA CAMRY '87: 4 dr. sedan. 76,000 mi good cond. reliable, spected til 04, gr car. \$1,400. 848-5274.

TOYOTA COROLLA '93, in great cond., 97,000r sunroof, cd, powe locks, cruise, standa \$3,500/best. Call Ry; 849-5975.

TOYOTA COROLLA '93.

Must sell leaving ar auto, clean, runs gre air, sunroof, high \$1500. Call Steve af 3 pm. 846-4944.

TOYOTA TACOMA '00 Good cond., low mi. \$8,000. Call 845-9413.

VOLVO 740: 87, silver leather, CD, power, su roof, 4 spd. Runs gree no rust, 199,000mi \$1700, 864-0675.

VW THING '73, runs great, new top. \$200 846-2379.

<u>ი</u>



## **ANIMAL CARE**

SAKONNET GROOM-ING & Pet Supplies 549 Main Road, Tiver Tivert on. 624-9969.

#### **ANY JOB**

- 1 ACE CLEANUPS CALL US" Dump runs, cellars, repairs, movi 847-6476, 855-9250
- 683-6255, Island Hauling Service. Dump runs, clean outs, yar Reasonable, reliable prompt, refs.
- ALL JOBS: Dump runs, rubbish removal, hauing, moving, painting lawn care. Call Mik 847-0835.
- HAVE TRUCK WILL HAUL. Brush, junk, ap pliances, constructi cleanups, etc. Loca cell, 497-1282.
- "JACK OF ALL TRADES" Dump runs, yard work, auto detailing, all haman jobs. 423-1256.
- S&S SALVAGE Cleanouts take away junk cars trucks. 508-496-2008.
- CALL WE HAUL' We remove items from your attic, basement garage. Sometimes we pay you! 849-7403.

## **Architectural Design**

RESIDENTIAL renova tions, interior des through supervision ( construction by interr tionally experied designer. 935-3627. experience

#### **ARTWORK**

ARTIST / DECORATOR inexpensive:can pain Anything! Mural/portra: optional. 855-9371.

#### **CARPENTRY**

- ADDITIONS, remodeling, new homes, roofing & siding. Ins., free es ates. David 737-9548.
- TYPES CARPENT-RY. Small job speciali storm doors & windows, decks. Jim 835-1639.

## **CARPENTRY**

- CARPENTRY, painting, roofing, pressure washing, etc. David Cabr 682-2832.
- COMPLETE Renovations & Remodeling, prompt response, reasonable prices. 683-1188.

## CARPET CLEANING

- 846-7855 NEWPORT CLEANING & MAID CLEANING & MAID SERVICE CO. Rugs, carpet, & Upholstery Free estimates, fa service. Will look new
- CALL TOPP JOBB Carpet & Upholstery Cleaners. A local nam you can trust. 683-438
- JIMMY STUART Carpet & Upholstery Cleaners Quality service w/reas nable rates. Insure 847-8666.

#### **CHILD CARE**

AT HOME mom will provide care in 261-3829 or e-mail:

desmondsworld@webtv.net.

## **COMPUTERS**

COMPUTER PROB-Call Geeks for all your compu needs. Yes, we ca Go it. 842-0208.

## **DOG TRAINING**

INSTINCTS, professional dog training boarding kennel 401-640-0626.

## **DRIVEWAYS**

- ASPHALT Driveways/all your asphaneeds. Lic./ins. 683-68
- COLORED STONE Driveways. Asphalt paving backhoe rental. Ric Asphalt Specialist 437-0953.
- J.A.M. CONSTRUCTION Co. Asphalt, grave stone pavers, concrete oil & stone. 36 yea 849-8080.

## **FIREWOOD**

SEASONED firewood Cut, split, delivered. 18". \$150/cord, 624-630

## HARDWOOD FLOORS

KIWI FLOORS- refinish-ing, Fast & clean. F estimates. Insured

## **HEALTH & NUTRITION**

- CPR & FIRST AID taught by an experienced RN. Heartsaver, Healthcar Provider, AED certifi tion cards awarded 862-5091.
- HERBALIFE distributor. 846-7562. Product www.loseweightnowRI.com or Opportunity www.workfromhomeRI.com

## HOME IMPROVEMENT

- ADDITIONS, remodeling, bathrooms, ski coat plaster, roofing, pairs, lic & ins 849-1
- CARPENTRY, Painting, windows, doors, decks, tile, all home repa 847-3938.
- ISLAND HOME REPAIR Service. Remodeling, repairs, odd jobs
- ISLAND PROJECTS
  Plumbing/elec./carpentry/r pairs Free estimate 847-4652.
- JM PROPERTY SERVICES repairs, renovation maintenance

## HOUSECLEANING

- 46-7855 NEWPORT CLEANING & MAID SERVICE. "We Do It All": Regular or 1 t service, Move in/ou Windows in/out, carpe cleaning, Constructic clean up, Cellar/Garag clean outs. Last minu O.K., Lic./bonded/ins.
- DOLLY DOMESTIC. Will clean and wash any-thing and everything your home. Satisfactic guaranteed. 848-7511.
- GM CLEANING SERVI-CE. We do all job move in/out, Bonded & ins. 847-8195.
- MARIA CLEANERS MARIA CLEANERS
  House, offices, clean
  do laundry. I love pe
  take care of elderly
  children if required. perience, refs. and estimates. Willing work 7 days/wk. God bless your home. 845-0342

## **HOUSECLEANING**

- DON'T CLEAN! Call Stephanie at 849-9104 8 years experience.
- TRACY & ELLEN'S House Cleaner's 5 725-1797/ 508-674-4982.

#### LANDSCAPING

- A1 HEDGE/SHRUB TRIMMING: A retiree says, no jobs too sma Call Allan, 849-8284.
- ACOASTAL TREE. Full service tree & lan scape co. License 618 847-0312.
- ALL ISLAND Landscape. Fall plantings, cleanu tree work, RI Lic. & sured, 683-1588.
- GRASSHOPPER LAND-SCAPE CO. Lawn & garden care, hedges, mulching. Installation trees, shrubs, patios driveways. 846-9390 Since 1978.
- Just Grass Lawnmowing Services. Rea rates. 682-1576 Reasonable
- SHRUB & TREE "Trim/ Remove/Replace". Lawn & leaf work. 846-9725

#### **MASONRY**

- BRICK, stonework, sidewalks, patios, repar Lic. & ins. 423-1357.
- BUILD/restore stone-wall, patios, steps, s walks, chimneys, John 683-4933.
- CHIMNEYS pointed, crumbling cracked foun dations, etc. 849-1808
- REGO MASONERY -Brick/stonework/patios chimneys repointed/ repairs. Free estimate Lic/ins. Valter 781-22

## **MOVING**

CHAMPION MOVERS. Apts. & Households. piece or entire conten Lic. & Insured. 846-445

## PAINTING&PAPERING

- CHOICE PAINT ING. exterior & inter Wallpaper. Experienced affordable. Mike afforda 846-7799.
- ALBERTO PAINTING and Power Washing. Free estimates. 0841-5693.

## PAINTING&PAPERING

- ARTISTIC PAINTING; Interior Interior & exterior. & ins. Cell 401-265-968
- DONBACH PAINTING & Paper. Meticulous, specializing in interiors job to small. Lic. & 848-7846.
- EXTERIOR/Interior PAINTING: 35 years experience. Free estimates ates. 846-9774.
- INTERIOR PAINTING Ceilings, walls, tr wallpaper. 1 rm. or 6 tire house. Ken aft 5pm. 847-5441.
- PAINTING. SPRAYING or brush. Wood or stucco. Refs. 842-010'

## **PIANO TUNING**

MARGARET MCCAFFETY Piano Tuning and repai 862-4275.

## **PSYCHIC**

DINA WORLD RENOWN Physic, immediate help by phone, no matter what your problem, love, marriage, bus ness, health. One cawill amaze you! Call Free! 215-543-0987.

## **ROOFING**

AR ROOFING All types incl. rubber roofs, le repairs, chimneys poin ed, lic. & ins. 849-1

## TREE SERVICE

LIMBED, trimmed topped Lic. & intes. Isla dropped. Free estimates. Tree Service, 846-0616

#### **TUTORING**

- TUTOR TO GO where you are: Math, Science SAT. Bill 847-2413.
- TUTORING remedial reading, written compc sition, English litera Italian. 849-6412.

## **WINDOWS**

SPARKLING WINDOWS In & Out, free es mates, fast service. I bonded & ins. Newport Cleaning & Maid Service. 846-7855.

3 LINES, 28 DAYS

To advertise your business or home service in both The Newport Daily News snf The Navalog CALL 849-3300

"Advertising Deadline: Thursday at 11 a.m. each week"

How does the Navy Exchange save you money every day? "The Navy Exchange has what my family wants — and I know I'm getting a great price every day!"

## Just ask our customers.

Our customers know the Navy Exchange is the best place to shop.

Whether it's low prices on brand names or extra value and savings on quality NEX store brands, the Navy Exchange has what you're looking for. And our "Nobody Beats" price matching policy guarantees you get the lowest price.

So no matter what you're shopping for — clothing, shoes, electronics, cosmetics, health and beauty aids — or things for your home, your Navy Exchange Saves You Money Every Day!

To find the Navy Exchange nearest you, visit our Web site at www.navy-nex.com.





